



**PSYCHOL 2301A (570)**  
**Introduction to Clinical Psychology**  
**Fall/Winter 2026 - 2027**

Instructor: Dr. Kathryn Turnbull  
Email: [kturnbu3@uwo.ca](mailto:kturnbu3@uwo.ca)

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**Course Information**

**Mode of Instruction:** in-person

**Calendar Description:** This course offers a survey of major topics in clinical psychology, including assessment and intervention approaches; experimental psychopathology; ethical, professional and theoretical issues; and emerging trends.

**Prerequisite(s):** A mark of at least 60% in 1.0 credits of Psychology at the 1000 level.

**Antirequisite(s):** [Psychology 3301F/G](#).

**Extra Information:** 3 lecture hours.

**Course Weight:** 0.50

**Breadth:** Category A

**Subject Code:** PSYCHOL

**Notice:** Unless you have either the requisites for this course (fulfilment of pre-requisites, no anti-requisite conflicts), or special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

**King's University College**  
**Psychology 2301A Introduction to Clinical Psychology/Fall 2026**

**Course information:**

Course Name, Number, Section: Introduction to Clinical Psychology, 2301A, 570

Instructor: Kathryn Turnbull, Ph.D.

Contact Information: [kturnbu3@uwo.ca](mailto:kturnbu3@uwo.ca)

Office hours: TBD – virtual and on-campus office hours by student appointment

**Course description:** This course offers a survey of major topics in clinical psychology, including assessment and intervention approaches; experimental psychopathology; ethical, professional, and theoretical issues; and emerging trends. The course will focus on topics most relevant to clinical psychology within Ontario and other jurisdictions in Canada, and how clinical psychology fits into the broader field of mental health treatment, health care, and the helping professions.

**Course learning outcomes:** At the end of this course students can expect to:

1. Gain a basic understanding of the profession of clinical psychology, how it developed as a profession and the scope of what clinical psychologists may do today.
2. Learn about the importance of research and empirical approaches in clinical psychology as well as how psychologists conduct research.
3. Understand the scope of activities that professional psychologists undertake, including interventions and formal assessment of psychological disorders and intelligence.
4. Demonstrate knowledge of the field of clinical psychology through performance on exams and completion of brief written assignments.

**Mode of Instruction:** *in-person*

**Course textbooks/materials:**

- Internet connection, web-browser to access assignments and lecture slides on OWL Brightspace, and computer with document creation capabilities: Google Docs, Microsoft word, or .pdf files
- **Required Textbook:** *Introduction to Clinical Psychology: An Evidence-Based Approach, 4<sup>th</sup> ed. (2018)* This book can be purchased in either e-format or printed format.
- **Cost of Textbook from VitalSource:** \$42.00 Canadian for rental (150 days) of ebook access; \$93.95 Canadian for unlimited ebook access; second-hand copies of textbook in print are available for students to purchase
- **Additional Required Readings:** Additional required readings will be articles available through Western University's library service. Links and articles will be available through Brightspace and/or via Library Services.

### Methods of Evaluation:

- The course will be graded based on short written assignments (21% of grade). There will also be two midterm in-class tests (40% - 20% each) and one final examination (39%). Students who require accommodation for in-class tests must be registered with accessibility and accommodation services. The final examination will be scheduled during the exam period.
- **Written assignments:** There are several contemporary issues that affect the practice of clinical psychology and related fields that are unfolding and ongoing. Supplemental material (e.g., news media reports, academic journal articles) will be posted to the course website on OWL. To complete the assignment, students must address the question(s) presented with the assignment.
- There will be *three assignments* for students to complete during the term. Students are given a choice for assignments:
  - **Students may choose to complete all 3 assignments, for a value of 7% each OR**
  - **Students may complete 2 out of the 3 assignments for a value of 10% and 11% (the higher graded assignment will be valued at 11% if grades differ).**

Students are advised to use the flexibility to submit 2/3 assignments so that they can fit these assignments around other course work and deadlines. For most students, submitting two versus three assignments will not substantially affect their overall final grade.

### Academic Considerations:

- **Deadlines:** Deadlines are an incredibly useful tool for completing work in a timely manner. Students are strongly encouraged to submit their work according to the deadlines scheduled in the course outline; however, the professor understands that circumstances can interfere with timely completion of work.
- **Written Assignments:** Written assignments are due on the day of class before the end of the day (11:55 PM). All assignments are submitted electronically via OWL and may be submitted before or after class time on the day that they are due. **Students must contact the professor directly through email to arrange an alternate deadline for one of their written assignments. Alternate deadlines will be considered at the instructor's discretion. If students do not contact the instructor, it will be assumed that the student does not intend to submit the assignment.**
- **Midterm tests:** Students **must** contact the professor if they need to write their midterm exam on an alternate day other than the day of class for which the midterm is scheduled. The midterm is scheduled during class time to minimize potential problems with scheduling. Note that scheduling alternative tests with the university may now require students to pay an additional fee (space for students to write make-up exams is limited). Please note, Friday Make-Up Exams may only be written with the instructor's consent.
- **Final Examination:** Students must receive **formal documentation of academic consideration** if they are not able to attend the scheduled final exam (scheduled

by the registrar's office).

### **Academic Integrity:**

- **Plagiarism** is copying and/or using the work of others for academic credit without proper reference and citation or reusing your own work that you have already submitted for academic credit. Plagiarism includes using a substantial amount of someone else's phrasing, writing, and/or ideas without proper acknowledgment, *even if the entire assignment is not an exact copy*. The academic penalties when you plagiarize can include loss of academic credit for your entire course, or more serious penalties for repeat offenders. Rather than plagiarize, it is better to turn in a less-than-good assignment: you may get a bad grade, but it is less likely that you will fail the course outright, or worse. **Do not plagiarize any of your written assignments. Please contact the instructor if you feel uncertain about how to meet the writing requirements for the course.**
- This course will follow the general policy of the King's Psychology Department on using LLM (such as ChatGPT, and other "generative AI tools" among others) for assignments. ***Students are not permitted to use AI and software translation tools to complete assignments.***
- The purpose of the policy forbidding LLM use for writing is to encourage students to recognize and develop the skills necessary to communicate clearly in writing, according to the standards of university social science/psychology. Coursework writing develops a student's ability to think critically and clearly. It teaches students to present their thoughts in a way that is compelling and understandable to other readers. Writing clearly is more difficult than it appears. In this course the professor will use her own knowledge, experience, and ability to mark student assignments (with the assistance of a human teaching assistant when necessary) and asks students to demonstrate and develop their own knowledge, experience, and abilities in return through not using generative AI for writing.

### Schedule of Classes:

| Date          | Topic                                                           | Readings and Deadlines                      |
|---------------|-----------------------------------------------------------------|---------------------------------------------|
| Sept 14       | Course overview +The Field of Clinical Psychology               | Chapter 2                                   |
| Sept. 21      | Research Methods and Writing                                    | Chapter 4                                   |
| Sept 28       | Classification and Diagnosis                                    | Chapter 3                                   |
| <b>Oct. 5</b> | <b>In Class Test (20%)</b>                                      | <b>Chapters 2-4</b>                         |
| Oct. 10       | <i>Reading Week</i>                                             | <i>Relaxation and/or catching up</i>        |
| Oct. 19       | Assessment: Overview and General Principles                     | Chapter 5 <b>First Assignment Due</b>       |
| Oct 26        | Assessment: Interviewing and Self-Report measures               | Chapters 6 & 8                              |
| Nov. 2        | Assessment: Intellectual and Cognitive Measures and Integration | Chapters 7 & 9 <b>Second Assignment Due</b> |
| Nov. 9        | <b>In Class Test (20%)</b>                                      | <b>Chapters 5 -9</b>                        |
| Nov. 16       | Interventions: Overview of Intervention                         | Chapters 11 <b>Third Assignment Due</b>     |
| Nov. 23       | Guest Lecturer in Clinical Psychology                           | <b>TBD</b>                                  |
| Nov. 30       | Interventions: Evidence-Based/Adult Intervention                | Chapter 12                                  |
| Nov 30        | LAST DAY TO DROP CLASS                                          |                                             |
| Dec. 7        | Interventions: Identifying Elements of Change                   | Chapter 14                                  |
| Dec 11-22     | <b>FINAL EXAM (39%):</b> Scheduled date TBD                     | All readings/Content                        |

Please note, Friday Make-Up Exams may only be written with the instructor's consent.

In Class Test #1 Make-Up Date: Friday, October 23<sup>rd</sup>

In Class Test #2 Make-Up Date: Friday, November 20<sup>th</sup>

## Department of Psychology Policies Related to AI Tools

### 1. Policy on the Use of Generative AI Tools

**The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial).**

**The use of generative AI tools (such as ChatGPT) is not permitted for any submitted coursework unless express permission has been granted by your instructor.**

Students **should not have AI tools write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output.** Unauthorized use of AI constitutes an academic offence and will be subject to academic discipline.

**Additional information:** Students can use AI tools to clarify questions they have about course content (e.g., you can ask ChatGPT about a course concept to help with your understanding), but students should be aware that the response may be inaccurate or inconsistent with the course content. Asking your instructor is a more effective strategy. Students should note that information provided by AI tools such as ChatGPT can include mistakes, inaccuracies, biases, and outdated information. Whenever these tools are used, students should cross-verify the information provided to them. This means verifying that the sources used by AI exist and have been accurately summarized, consulting multiple original and reputable up-to-date sources to verify information, and being cautious of bias that could be present in the information provided.

### 2. Policy on Use of Translation Tools\*

**The Department of Psychology views the unapproved use of translation or language applications as an academic offence.**

Any usage of translation applications or language generation by students to complete specific assigned work for this course **must be approved** by the instructor **prior** to submitting the work **and noted by the student in the submitted work** itself.

Writing text and then feeding it into a computer application to improve or translate your own words, changing a few words, and then submitting this text as if it was your own **constitutes plagiarism.** You must compose text, choose words, construct logic flow, structure sentences and paragraphs to organize, synthesize, interpret information with your own mind. When you borrow language or ideas from another person or from a machine this must be acknowledged with quotation marks and/or citations.

#### **Why do we have this policy?**

- Translation is intellectual work and produces intellectual property, thus any text which is translated must cite the translator.
- Psychology endeavors to advance students' linguistic, analytic, and reasoning competencies – this can not happen outside of specific language competencies.
- Earning a university degree signals that an individual has advanced literacy and communicative skill in the language of instruction at the university; this is English at King's University College at Western University. If translation machines are used by students without regulation, we will have no way of certifying whether these competencies exist and fewer mechanism for encouraging students to do the hard work to develop them.

*\* Based on the policy developed by the Department of Child and Youth Studies*

**KING'S UNIVERSITY COLLEGE**  
**GENERAL COURSE POLICIES**  
**2026-27**

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## **1. Academic Accommodations (Accessibility)**

Accessibility Services works to ensure that academic programs are accessible to all students, and supports students who may have a condition related to, but not limited to, vision, hearing, mobility, different ways of learning, mental health, chronic illnesses, chronic pain, autism spectrum disorder, ADD/ADHD, and temporary conditions (beyond short-term academic consideration). Accessibility Services provides recommendations for accommodation based on medical documentation or psychological and cognitive assessment. The accommodation policy can be found at [Academic Accommodation for Students with Disabilities](#). Information on Accessibility Services at King's can be found [here](#).

## **2. Academic Consideration for Student Absences**

Students must be approved to write a makeup exam or for an extension of the assignment deadline. If you need to miss an exam or the deadline for the assignment, please follow these instructions.

There are two ways to seek academic consideration:

### **(i) Academic consideration based on medical or compassionate grounds**

If a student is unable to meet a course requirement due to substantial but temporary extenuating circumstances (medical or compassionate grounds), they should contact the Academic Advising Office. As a rule, documentation is required for academic consideration.

For academic consideration requests on medical grounds, the Student Medical Certificate (SMC) is the appropriate documentation. The SMC is available at <https://registrar.uwo.ca/academics/pdfs/student-medical-certificate.pdf>

- King's students: The Academic Advising Office website is located in DLH 104. The Academic Advising website is <https://mykings.ca/intranet/app/#/academics/academic-advising>.
- If your home faculty is Huron or at Western, please submit your documentation to your faculty's academic counselling office.
- Requests must be made as soon as possible, and no later than 48 hours after the missed assessment.

You may submit requests for academic consideration through the **Student Absence Portal**, linked on this website: <https://mykings.ca/intranet/app/#/academics/academic-advising/academic-consideration-requests-and-student-absence-portal>.

## **(ii) Academic consideration through an undocumented absence**

Students are permitted one academic consideration request without supporting documentation per term per half-course (0.5) weight.

- Note that instructors may designate one assessment per half-course weight as requiring supporting documentation. Please refer to the course outline to confirm this which assessment has been designated as requiring documentation for consideration (that is, exempt from undocumented absences).
- Undocumented absences can not be used as the basis for academic consideration for December or April exams.

If an instructor has built flexibility into their assessments (e.g., “complete 8 of 10 quizzes”), this flexibility will already address consideration needs and thus academic consideration may be denied.

For further information on the academic consideration policy, please see

[https://uwo.ca/univsec/pdf/academic\\_policies/appeals/academic\\_consideration\\_Sep24.pdf](https://uwo.ca/univsec/pdf/academic_policies/appeals/academic_consideration_Sep24.pdf)

## **c) Absences from Final Exams**

If you miss the Final Exam, **contact your Academic Advising Office** as soon as you are able to do so. They will assess your eligibility to write the “Special Examination” (the name given by the University to a makeup Final Exam).

You may also be eligible to write the Special Exam if you are in a multiple exam situation (i.e., you are scheduled to write more than 2 exams in 23-hour period, or more than 3 exams in a 47-hour period).

If a student fails to write a scheduled Special Examination, the date of the next Special Examination (if granted) normally will be the scheduled date for the final exam the next time this course is offered. The maximum course load for that term will be reduced by the credit of the course(s) for which the final examination has been deferred. See the Academic Calendar for details (under [Special Examinations](#)).

## **d) Religious Accommodations**

Students should consult the University’s list of recognized religious holidays, and should give notice in writing to the instructor and their Academic Advising Office if a course requirement will be affected by a religious holiday/observance. Notice must be given as early as possible, and no later than two weeks prior to an examination, and one week prior to a midterm test date. It is the responsibility of such students to inform themselves concerning the work done in classes from which they are absent and to take appropriate action.

## **3. Support Services**

Accessibility, Counselling and Student Development at King’s University College:

<https://mykings.ca/intranet/app/#/student-supports-and-services/accessibility-services>

Students experiencing emotional or mental health distress can access services at King’s University College:

<https://kings.uwo.ca/campus-life/student-supports/>

Good2talk is an online and phone resource for students, available 24/7, with services in English, Mandarin, and French: <https://good2talk.ca>, 1-866-925-5454

MentalHealth@Western provides a complete list of options on how to obtain help:  
<https://www.uwo.ca/health/mental-health/index.html>

Academic Support Services at King's University College: <https://kings.uwo.ca/academics/academic-supports/>

#### **4. Statement on Gender-Based Sexual Violence**

King's and Western are committed to reducing incidents of gender-based sexual violence (GBSV) and providing compassionate support to anyone who is going through or has gone through these traumatic events. If you are experiencing or have experienced GBSV (either recently or in the past), you will find information about support services for survivors, including emergency contacts at the following website: [Mental Health and Wellness at King's](#).

You can reach supports at King's by emailing [care@kings.uwo.ca](mailto:care@kings.uwo.ca) or calling 519-930-4640 to reach a Social Worker who can offer help.

You can also reach Western's Gender-Based Violence & Survivor Support Case Manager by email ([health@uwo.ca](mailto:health@uwo.ca)) or by calling 519-661-3568. Additional support services can be found <https://www.uwo.ca/health/gbsv/support/index.html>

#### **5. Statement on Use of Electronic Devices**

**Use of Electronic Devices:** Unless explicitly stated otherwise, you are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations. Unauthorized possession of such a device during a test or examination constitutes an academic offence.

**Use of Laptops, Tablets, and Smartphones in the Classroom:** King's University College at Western University acknowledges the integration of new technologies and learning methods into the curriculum. The use of electronic devices such as laptop computers, tablets, or smartphones can contribute to student engagement and effective learning. At the same time, King's recognizes that instructors and students share jointly the responsibility to establish and maintain a respectful classroom environment conducive to learning.

The use of electronic devices by students during lectures, seminars, labs, etc., shall be for matters related to the course at hand only. Students found to be using electronic devices for purposes not directly related to the class may be subject to sanctions under the Student Code of Conduct; see [https://kings.uwo.ca/sites/2025/assets/files/campus/Kings\\_Code\\_of\\_Student\\_Conduct.pdf](https://kings.uwo.ca/sites/2025/assets/files/campus/Kings_Code_of_Student_Conduct.pdf)

Inappropriate use of electronics (e.g., laptops, tablets, smartphones) during lectures, seminars, labs, etc., creates a significant disruption. As a consequence, instructors may choose to limit the use of electronic devices in these settings. In addition, in order to provide a safe classroom environment, students attending in-person class sessions are strongly advised to operate laptops with batteries rather than power cords.

#### **6. Statement on Academic Offences**

King's is committed to academic integrity. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, is posted at [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_offences.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_offences.pdf)

It is expected that students will submit work that is truly their own, completed without external assistance (human or artificial) except as explicitly permitted by the course instructor. **Check with you instructor to**

**check which tools, including generative AI (ChatGPT, translation tools, grammar-checking tools) are permitted in each course.** Note that although some courses may permit the use of such tools, it does not mean use of such tools is permitted in other courses.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system; see [https://elearningtoolkit.uwo.ca/tools/OriginalityReports - TurnItIn.html](https://elearningtoolkit.uwo.ca/tools/OriginalityReports-TurnItIn.html).

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

## **7. Copyright of Course Material**

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Unauthorized sharing of class content is subject to academic discipline.

Similarly, students own copyright in their own original papers and exam essays. If a faculty member wishes to post a student's answers or papers on the course website, they should ask for the student's written permission.

## **8. Use of Recordings**

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation and/or the participant has the prior written permission of the instructor. Unauthorized recording and/or sharing of class content is subject to academic discipline.

## **9. Policy on Attendance**

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course, will be reported to the Dean of the Faculty offering the course, after due warning has been given. On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course.