



PSYCHOLOGY 1000 (574)
Introduction to Psychology
Fall/Winter 2026-2027

Instructor: Dr. Shelley Cross-Mellor
Email: scrossme@uwo.ca

Course Information

Mode of Instruction: in-person

Calendar Description:

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

Prerequisite(s):

Antirequisite(s): [Psychology 1000W/X](#), [Psychology 1002A/B](#), [Psychology 1003A/B](#), [Psychology 1010A/B](#), [Psychology 1015A/B](#), [Psychology 1100E](#).

Extra Information: 3 lecture hours. Note for Huron and King's: [Psychology 1000](#), and [Psychology 1000W/X](#) will not serve as a substitute for [Psychology 1100E](#) for entry into any psychology module at Huron, nor will it provide access to any senior psychology course at Huron that requires [Psychology 1100E](#).

Course Weight: 1.00

Breadth: Category A

Subject Code: PSYCHOL

Notice: Unless you have either the requisites for this course (fulfilment of pre-requisites, no anti-requisite conflicts), or special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.



King's University College

LONDON CANADA

Psych 1000, Section 574

Introduction to Psychology

Dr. Shelley Cross-Mellor

2026 - 2027

COURSE DESCRIPTION

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

Antirequisites: Psychology 1000W/X, Psychology 1002A/B, Psychology 1003A/B, Psychology 1010A/B, Psychology 1015A/B, Psychology 1100E.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

COURSE INFORMATION

Classes: See Brightspace
Instructor: Dr. Shelley Cross-Mellor

Office: TBD
Email: scrossme@uwo.ca
Office Hours: Fridays after class

Course Website Our course website on OWL Brightspace will have lecture outlines, exam information, a copy of the course outline and other course information. You will be able to check your test and exam marks on the course website. Please check this website regularly!

Mode of Instruction: in-person

TEXTBOOK (Required)

Smith, S., Carter-Rogers, K., Atkinson, M., Mitchell, J., Passer, M.W., Smith, R.E. (2026). *Psychology: frontiers and applications, Ninth Canadian Edition*. Whitby, Ontario: McGraw-Hill Ryerson.

- UWO Bookstore Link: https://bookstore.uwo.ca/textbook-search?campus=KC&term=W2026&courses%5B0%5D=574_KC/PSY1000

This course makes use of the CONNECT platform, an interactive site associated with our textbook. You will be completing the chapter quizzes on the CONNECT platform, **therefore purchasing an access code is mandatory** (\$99 for e-text + Connect; **OR** \$163.15 for e-text + Connect + print version).

COURSE OBJECTIVES

By the end of this course, students should be able to:

- Compare and contrast different theoretical approaches to the study of psychology
- Understand psychology as a science, including research design and methodology used to approach the study of psychology
- Recognize the different structures of the central and peripheral nervous system and their functions
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning
- Discover how we develop as individual human beings, with unique capacities and differences in a social context
- Students will also have an opportunity, via voluntary participation, to have an active role in the research process and to experience directly how psychological research is performed

CLASS SCHEDULE

Date	Topic	Reading
First Term		
September 11	Introduction to the Course	
18	Psychology: The Science of Behaviour	1
25	Studying Behaviour: Research Methods and Statistics	2, Appendix
October 2	Biological Foundations of Behaviour	3
9	Biological Foundations of Behaviour & Exam Review (Chpts 1-3)	3
16	<i>FALL READING WEEK</i>	
23	Fall Midterm	Chapters 1 – 3+Appendix
30	Sensation and Perception	4
November 6	States of Consciousness	5
13	Learning and Adaptation	6
20	Learning and Adaptation	6
27	Memory	7
December 4	Exam Review Review (Chpts 4-7)	
Second Term		
January 8	Language, Thinking, Intelligence	8
15	Language, Thinking, Intelligence	8
22	Motivation and Emotion	9
29	Development Over the Life Span	10
February 5	Review for Spring Midterm (Chpts 8-10)	
12	Spring Midterm	Chapters 8-10
19	<i>SPRING READING WEEK</i>	
26	Behaviour in a Social Context	11
March 5	Personality	12
12	Stress, Health, and Coping	13
19	Psychological Disorders	14
26	<i>GOOD FRIDAY – NO CLASS</i>	
April 2	Treatment of Psychological Disorders/	15
9	Review (Chpts 11-15)	

Topics will be covered in the order given above. *Approximate* lecture dates are listed so that you can keep up with the readings. It is best to read the assigned chapter or chapter section briefly before class, and then return to the text and reread the material more carefully after we have discussed it in class. The lectures will highlight certain aspects of each topic and may include material that is not in the text to update and expand upon the topic. Classes will include lectures, video clips, films, demonstrations and activities to help further understand material. There is not enough time to cover all of the material from the text in class; however, you are responsible for all of the material from the text as well as material presented in class.

Please note, Friday Make-Up Exams may only be written with the instructor's consent.

EVALUATION & EXAM SCHEDULE

Fall Mid-term Test: Scheduled for Friday October 23, in class. The Fall Mid-term will consist of primarily multiple choice questions - and is worth 15% of your course mark. Questions will be based on material from Chapters 1 – 3 + Appendix and the corresponding classes. The test will be 2 hours.

* this test will require supporting documentation if missed; self-attestation cannot be used. Please note, Friday Make-Up Exams may only be written with the instructor's consent.

Mid-year Examination: To be scheduled by the Registrar for the December Examination Period (December 11 – 22). The Mid-year Exam will consist of primarily multiple choice questions- and is worth 25%. Questions will be based on material from Chapters 1-7+Appendix and the corresponding classes, with a heavier emphasis on the material covered since the fall midterm. The test will be two hours.

* this test will require supporting documentation if missed; self-attestation cannot be used. Please note, Friday Make-Up Exams may only be written with the instructor's consent.

Spring Mid-term Test: Scheduled for Friday February 12, in class. This test will consist of primarily multiple choice questions- and is worth 15% of your course mark. The Spring Mid-term test will cover material from Chapters 8 – 10 and the corresponding classes. The test will be 2 hours.

* this test will require supporting documentation if missed; self-attestation cannot be used. Please note, Friday Make-Up Exams may only be written with the instructor's consent.

Final Examination: Scheduled during the Final Examination Period (April 12 - 30). The Final Exam is worth 25%. The Final exam will consist of primarily multiple choice questions. Questions will be based on material from Chapters 8-15 and the corresponding classes, with a heavier emphasis on the material covered since the spring midterm. The test will be two hours.

* this test will require supporting documentation if missed; self-attestation cannot be used.

Evaluation Summary:

Fall Mid-term:	15%
Mid-year Exam:	25%
Spring Mid-term:	15%
Final Exam:	25%
Chapter Quizzes	10%
Infographic Assignment	<u>10%</u>
	100%
Bonus Assignments	up to 5%

Please note that the evaluation schedule cannot be changed (e.g. vacations and extended holidays are not legitimate reasons for rescheduling exams). You must report extenuating circumstances and provide appropriate documentation to the Academic Dean's Office in order to reschedule evaluations. Students are responsible for knowing when and where their evaluations are taking

place.

The tests and exam are closed book and no aids are allowed.

Online Chapter Quizzes – After coming to lecture and reading through the chapter in the textbook, you will complete the associated chapter quiz on the Connect platform. These quizzes are open-book and untimed (they should likely only take you 10-15 minutes to complete). **Ideally you should be completing these chapter quizzes on a weekly basis when the chapter is assigned**; however, they will remain open until the dates listed below. Your best 13 of 15-chapter quizzes count towards your grade; the lowest 2 quiz grades, including missed quizzes, will be dropped from consideration when calculating your final overall grade for quizzes. As such, requests for academic consideration for these assignments/quizzes will be denied.

The online quizzes are designed to reinforce one or more of the major concepts of that chapter and thus will help you prepare for the tests. The quizzes will consist of either watching a short video clip and answering the associated questions, or answering specific questions based on an interactive exercise.

Unit 1 Chapter Quizzes 1-3 will close 11:59pm Thursday October 12, 2026
 Unit 2 Chapter Quizzes 4-7 will close 11:59pm Wednesday December 9, 2026
 Unit 3 Chapter Quizzes 8-10 will close 11:59pm Thursday February 11, 2027
 Unit 4 Chapter Quizzes 11-15 will close 11:59pm Friday April 9, 2027

Infographic Assignment (due 12 pm – noon - Monday March 22, 2027) – details regarding this assignment will be posted on OWL. This assignment will involve synthesis of course material presented to date. You will submit your assignment as PDF document to OWL Brightspace. Your infographic assignment has a no-questions-asked 48 hr grace period. This means that you can submit this assignment up to 12pm (noon) on Wednesday March 24th without penalty. As such, requests for academic for the Infographic will be denied.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>)

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark and there are no extra credit assignments available to raise exam grades.

BONUS OPTION - Research Participation

If you earn 50% or higher in the course based on your exam performance you may also earn up to 5 bonus percentage points by completing two assignments worth 2.5% each. An assignment consists of completing a short questionnaire in response to participating in departmental research or reading an article in a psychology journal and answering in detail questions provided. The last date for laboratory assignments to be submitted is **March 22 to OWL**. **In order to receive bonus points, you must receive at least 50% in the course based on test performance.** Assignments that contain plagiarism will receive a grade of zero and additional penalties may be used (see policy section of this syllabus). Please note details regarding this bonus option will be discussed further in class and instructions will be posted on our OWL website.

CLASSROOM ETIQUETTE

In order to make the most of this learning experience for yourself and your fellow students, PLEASE

- Do not use computers in class *for any reason*, except to take notes.
- Do not send or read e-mails/text messages/IM's during class time.
- Turn off cell phones.
- Refrain from speaking to a neighbour during class time (unless invited to do so by the instructor), especially if someone (either the instructor or a fellow class member) is speaking to the class.

These activities can be very distracting to your fellow students and to the instructor.

Please Note the Following Grading Guidelines:

A+	90–100	One could scarcely expect better from a student at this level
A	80–89	Superior work which is clearly above average
B	70–79	Good work, meeting all requirements, and eminently satisfactory
C	60–69	Competent work, meeting requirements
D	50–59	Fair work, minimally acceptable
F	below 50	Fail

Makeup Exams:

Students will be allowed to write makeup tests **only** under special circumstance that have been substantiated with proper documentation. **Please note that documentation must be submitted to (and approved by) the Academic Dean's office.** Additional information regarding appropriate documentation and procedures can be found in the attached appendix. A student who misses a test for any other reason (or who is unable to substantiate a claim) will be assigned a grade of zero for the test. In fairness to all students, **no exceptions** to this policy will be allowed. **Please note the format of make-up tests may be of a different format than the original test (often times essay style).** As of Sept. 1, 2026 all students

who write make-up tests (as administered by the Exam Office) will incur a fee \$45 per assessment

Make Up for Test 1 will be Friday November 6 at 2:30pm

Make Up for Test 2 will be Friday January 15 at 2:30pm

Make Up for Test 3 will be Friday February 26 at 2:30pm

Make Up for Test 4 TBA by Registrar's Office in early May

ACADEMIC INTEGRITY

Within this course, use of artificial intelligence (AI) tools such as Chat GPT is not permitted for written work submitted for evaluation. Unauthorized use of AI will be subject to academic discipline.

All required papers are subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>). Please note that Turnitin analysis now includes AI detection.

COPYRIGHT

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and any other components of the course materials are the intellectual property of the instructor. Unauthorized reproduction through video-recording, photographing, sharing on any social media site, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may also be considered a Scholastic Offence, which may lead to sanctions. Further information on Scholastic Offences is available at: http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

Department of Psychology Policies Related to AI Tools

1. Policy on the Use of Generative AI Tools

The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial).

The use of generative AI tools (such as ChatGPT) is not permitted for any submitted coursework unless express permission has been granted by your instructor.

Students **should not have AI tools write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output.** Unauthorized use of AI constitutes an academic offence and will be subject to academic discipline.

Additional information: Students can use AI tools to clarify questions they have about course content (e.g., you can ask ChatGPT about a course concept to help with your understanding), but students should be aware that the response may be inaccurate or inconsistent with the course content. Asking your instructor is a more effective strategy. Students should note that information provided by AI tools such as ChatGPT can include mistakes, inaccuracies, biases, and outdated information. Whenever these tools are used, students should cross-verify the information provided to them. This means verifying that the sources used by AI exist and have been accurately summarized, consulting multiple original and reputable up-to-date sources to verify information, and being cautious of bias that could be present in the information provided.

2. Policy on Use of Translation Tools*

The Department of Psychology views the unapproved use of translation or language applications as an academic offence.

Any usage of translation applications or language generation by students to complete specific assigned work for this course **must be approved** by the instructor **prior** to submitting the work **and noted by the student in the submitted work** itself.

Writing text and then feeding it into a computer application to improve or translate your own words, changing a few words, and then submitting this text as if it was your own **constitutes plagiarism**. You must compose text, choose words, construct logic flow, structure sentences and paragraphs to organize, synthesize, interpret information with your own mind. When you borrow language or ideas from another person or from a machine this must be acknowledged with quotation marks and/or citations.

Why do we have this policy?

- Translation is intellectual work and produces intellectual property, thus any text which is translated must cite the translator.
- Psychology endeavors to advance students' linguistic, analytic, and reasoning competencies – this can not happen outside of specific language competencies.
- Earning a university degree signals that an individual has advanced literacy and communicative skill in the language of instruction at the university; this is English at King's University College at Western University. If translation machines are used by students without regulation, we will have no way of certifying whether these competencies exist and fewer mechanism for encouraging students to do the hard work to develop them.

** Based on the policy developed by the Department of Child and Youth Studies*

**KING'S UNIVERSITY COLLEGE
GENERAL COURSE POLICIES
2026-27**

1. Academic Accommodations (Accessibility)

Accessibility Services works to ensure that academic programs are accessible to all students, and supports students who may have a condition related to, but not limited to, vision, hearing, mobility, different ways of learning, mental health, chronic illnesses, chronic pain, autism spectrum disorder, ADD/ADHD, and temporary conditions (beyond short-term academic consideration). Accessibility Services provides recommendations for accommodation based on medical documentation or psychological and cognitive assessment. The accommodation policy can be found at [Academic Accommodation for Students with Disabilities](#). Information on Accessibility Services at King's can be found [here](#).

2. Academic Consideration for Student Absences

Students must be approved to write a makeup exam or for an extension of the assignment deadline. If you need to miss an exam or the deadline for the assignment, please follow these instructions.

There are two ways to seek academic consideration:

(i) Academic consideration based on medical or compassionate grounds

If a student is unable to meet a course requirement due to substantial but temporary extenuating circumstances (medical or compassionate grounds), they should contact the Academic Advising Office. As a rule, documentation is required for academic consideration.

For academic consideration requests on medical grounds, the Student Medical Certificate (SMC) is the appropriate documentation. The SMC is available at <https://registrar.uwo.ca/academics/pdfs/student-medical-certificate.pdf>

- King's students: The Academic Advising Office website is located in DLH 104. The Academic Advising website is <https://mykings.ca/intranet/app/#/academics/academic-advising>.
- If your home faculty is Huron or at Western, please submit your documentation to your faculty's academic counselling office.

- Requests must be made as soon as possible, and no later than 48 hours after the missed assessment.

You may submit requests for academic consideration through the **Student Absence Portal**, linked on this website:

<https://mykings.ca/intranet/app/#/academics/academic-advising/academic-consideration-requests-and-student-absence-portal>.

(ii) Academic consideration through an undocumented absence

Students are permitted one academic consideration request without supporting documentation per term per half-course (0.5) weight.

- Note that instructors may designate one assessment per half-course weight as requiring supporting documentation. Please refer to the course outline to confirm this which assessment has been designated as requiring documentation for consideration (that is, exempt from undocumented absences).
- Undocumented absences can not be used as the basis for academic consideration for December or April exams.

If an instructor has built flexibility into their assessments (e.g., “complete 8 of 10 quizzes”), this flexibility will already address consideration needs and thus academic consideration may be denied.

For further information on the academic consideration policy, please see

https://uwo.ca/univsec/pdf/academic_policies/appeals/academic_consideration_Sep24.pdf

c) Absences from Final Exams

If you miss the Final Exam, **contact your Academic Advising Office** as soon as you are able to do so. They will assess your eligibility to write the “Special Examination” (the name given by the University to a makeup Final Exam).

You may also be eligible to write the Special Exam if you are in a multiple exam situation (i.e., you are scheduled to write more than 2 exams in 23-hour period, or more than 3 exams in a 47-hour period).

If a student fails to write a scheduled Special Examination, the date of the next Special Examination (if granted) normally will be the scheduled date for the final exam the next time this course is offered. The maximum course load for that term will be reduced by the credit of the

course(s) for which the final examination has been deferred. See the Academic Calendar for details (under [Special Examinations](#)).

d) Religious Accommodations

Students should consult the University's list of recognized religious holidays, and should give notice in writing to the instructor and their Academic Advising Office if a course requirement will be affected by a religious holiday/observance. Notice must be given as early as possible, and no later than two weeks prior to an examination, and one week prior to a midterm test date. It is the responsibility of such students to inform themselves concerning the work done in classes from which they are absent and to take appropriate action.

3. Support Services

Accessibility, Counselling and Student Development at King's University College:

<https://mykings.ca/intranet/app/#/student-supports-and-services/accessibility-services>

Students experiencing emotional or mental health distress can access services at King's University College: <https://kings.uwo.ca/campus-life/student-supports/>

Good2talk is an online and phone resource for students, available 24/7, with services in English, Mandarin, and French: <https://good2talk.ca>, 1-866-925-5454

MentalHealth@Western provides a complete list of options on how to obtain help:

<https://www.uwo.ca/health/mental-health/index.html>

Academic Support Services at King's University College:

<https://kings.uwo.ca/academics/academic-supports/>

4. Statement on Gender-Based Sexual Violence

King's and Western are committed to reducing incidents of gender-based sexual violence (GBSV) and providing compassionate support to anyone who is going through or has gone through these traumatic events. If you are experiencing or have experienced GBSV (either recently or in the past), you will find information about support services for survivors, including emergency contacts at the following website: [Mental Health and Wellness at King's](#).

You can reach supports at King's by emailing care@kings.uwo.ca or calling 519-930-4640 to

reach a Social Worker who can offer help.

You can also reach Western's Gender-Based Violence & Survivor Support Case Manager by email (health@uwo.ca) or by calling 519-661-3568. Additional support services can be found <https://www.uwo.ca/health/gbsv/support/index.html>

5. Statement on Use of Electronic Devices

Use of Electronic Devices: Unless explicitly stated otherwise, you are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations. Unauthorized possession of such a device during a test or examination constitutes an academic offence.

Use of Laptops, Tablets, and Smartphones in the Classroom: King's University College at Western University acknowledges the integration of new technologies and learning methods into the curriculum. The use of electronic devices such as laptop computers, tablets, or smartphones can contribute to student engagement and effective learning. At the same time, King's recognizes that instructors and students share jointly the responsibility to establish and maintain a respectful classroom environment conducive to learning.

The use of electronic devices by students during lectures, seminars, labs, etc., shall be for matters related to the course at hand only. Students found to be using electronic devices for purposes not directly related to the class may be subject to sanctions under the Student Code of Conduct; see

https://kings.uwo.ca/sites/2025/assets/files/campus/Kings_Code_of_Student_Conduct.pdf

Inappropriate use of electronics (e.g., laptops, tablets, smartphones) during lectures, seminars, labs, etc., creates a significant disruption. As a consequence, instructors may choose to limit the use of electronic devices in these settings. In addition, in order to provide a safe classroom environment, students attending in-person class sessions are strongly advised to operate laptops with batteries rather than power cords.

6. Statement on Academic Offences

King's is committed to academic integrity. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, is posted at

https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_offences.pdf

It is expected that students will submit work that is truly their own, completed without external assistance (human or artificial) except as explicitly permitted by the course instructor. **Check with you instructor to check which tools, including generative AI (ChatGPT, translation tools, grammar-checking tools) are permitted in each course.** Note that although some courses may permit the use of such tools, it does not mean use of such tools is permitted in other courses.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system; see <https://elearningtoolkit.uwo.ca/tools/Originality Reports - TurnItIn.html>.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

7. Copyright of Course Material

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Unauthorized sharing of class content is subject to academic discipline.

Similarly, students own copyright in their own original papers and exam essays. If a faculty member wishes to post a student's answers or papers on the course website, they should ask for the student's written permission.

8. Use of Recordings

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation and/or the participant has the prior written permission of the instructor. Unauthorized recording and/or sharing of class content is subject to academic discipline.

9. Policy on Attendance

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course, will be reported to the Dean of the Faculty offering the course, after due warning has been given. On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course.