



**PSYCHOLOGY 3772G (670)**  
**Psychology of Religion and Spirituality: Selected Topics**  
**Fall/Winter 2025-2026**

Instructor: Dr. Imants Baruss  
Email: [baruss@uwo.ca](mailto:baruss@uwo.ca)

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**Course Information**

**Calendar Description:**

An examination of selected topics in the psychology of religion.

**Prerequisite(s):** [Psychology 2840F/G](#) (or Psychology 2800E, Psychology 2820E, [Psychology 2830A/B](#), [Psychology 2855F/G](#) or [Psychology 2856F/G](#)) and registration in the third or fourth year of Honours Specialization, Honours Double Major, Major or Specialization in Psychology, Honours Specialization in Applied Psychology, or permission of the Department.

**Antirequisite(s):** [Psychology 2065A/B](#).

**Extra Information:** 3 lecture hours.

**Course Weight:** 0.50

**Breadth:** Category A

**Subject Code:** PSYCHOL

Notice: Unless you have either the requisites for this course, or special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

**Psychology 3772G, Section 670**  
Psychology of Religion and Spirituality: Selected Topics

**Course Syllabus**

This is a fully online course that uses King's online learning management system OWL for course delivery. Students must have the requisite technology to be able to access and use the OWL site, including the ability to watch videos and submit their assignments through the course OWL site. This class is asynchronous in the sense that there are no designated class times. However, there are synchronous weekly due dates for assignments and weekly office hours over Zoom which students can attend if they wish to discuss the subject matter of the course with the Instructor and other students who may be present.

**1. Instructor Contact Information**

Contact is by email: [baruss@uwo.ca](mailto:baruss@uwo.ca) Please note that the email must be sent from a student's Western email account. The Instructor will respond to students between 9:00 a.m. to 5:00 p.m. Monday to Friday, usually within a few days, although it may take up to a week to receive a response.

**2. Office Hours**

Office hours are on Fridays, 11:00 a.m. to 12:00 noon in-person in my office and 4:30 p.m. to 5:30 p.m. via Zoom. The Zoom information is on the OWL site.

**3. Course Description**

Two topics will be examined during this course: traditional psychological self-transformation leading to transcendent states of consciousness and contemporary enlightenment engineering creating abrupt experiences of transcendent states of consciousness. We begin by creating a framework for the scientific understanding of religious and spiritual experiences including the importance of personal experiences in scientific inquiry, the dialectical nature of knowledge, the material-transcendent spectrum of beliefs about consciousness and reality, quest orientation, science as a spiritual practice, psychopathology and spirituality, the role of authenticity in spirituality, various means of accessing inner wisdom, alterations of consciousness, and the transcendent experiences and philosophy of Franklin Wolff. Then we look at contemporary enlightenment engineering including abrupt experiences of transcendence caused by the meditation techniques of Jeffery Martin's Finders Course, transcranial stimulation, and the use of psychedelic drugs, and consider questions about authenticity and ethics that such techniques raise. We conclude the course by looking at Steve Taylor's practical approach to inducing transcendent states of consciousness.

**4. Learning Outcomes**

1. Student engagement in the learning process.
2. Knowledge of the psychological dimensions of spiritual self-transformation.

3. Knowledge of contemporary enlightenment engineering.
4. Knowing both the benefits and concerns raised by religious and spiritual experiences.
5. Acquiring knowledge of the dimensions of a healthy psyche capable of safe spiritual practice.
6. Development of a sensitive attitude toward the course material
7. Development of critical thinking skills.
8. Development of effective writing.

## 5. Assignments

Students are expected to read the textbook and papers, watch the video lectures, and submit weekly written essays of 500 to 1000 words in length. Students can confer with each other or use other sources of information when preparing their weekly assignments but must write the essays entirely by themselves and demonstrate, in the course of their answers, that they have read the assigned material from the textbook and papers and watched the assigned video lectures. Students are not allowed to use AI to create or write their essays or to use language translators to translate their essays from other languages into English. There will be 12 essays due at 12:05 p.m. on Thursdays on the following dates: January 15, 22, 29, February 5, 12, 26, March 5, 12, 19, 26, April 2, 9. The average of the ten best grades on the essays will be the final grade in the course. More information about the readings, videos, and essay requirements is provided on the course OWL site.

## 6. Course Materials

Required reading:

Barušs, I. (2007). *Science as a spiritual practice*. Exeter, UK: Imprint Academic. \$44.15

Barušs, I. (1996). *Authentic knowing: The convergence of science and spiritual aspiration*. West Lafayette, Indiana: Purdue University Press. Chapter 2. Provided without cost by King's library.

Martin, J. (2019). *The finders*. Integration Press. \$26.50

Martin, J. A., Ericson, M., Berwaldt, A., Stephens, E. D., & Briner, L. (2021). Effects of two online positive psychology and meditation programs on persistent self-transcendence. *Psychology of Consciousness: Theory, Research, and Practice*. Provided without cost by King's library.

Thomas, K., & Barušs, I. (2022). Psychological characteristics and state integration of a persistent altered state of consciousness following an eighteen week self-development course. *Psychology of Consciousness: Theory, Research, and Practice*. Provided without cost by King's library.

Wildman, W. J. & Stockly, K. J. (2021). *Spirit tech: The brave new world of consciousness hacking and enlightenment engineering*. New York: St. Martin's Press. Chapters 1B 3, 6, 7, 9B11. Available for purchase from VitalSource for US\$11.99 here: <https://www.vitalsource.com/products/spirit-tech-wesley-j-wildman-ph-d-kate-v9781250274946>

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TczMTA5NTIzNy4xLjEuMTczMTA5NTI0NC4wLjAuMA..

Taylor, S. (2024). *The adventure: A practical guide to spiritual awakening*. New World Library. \$30.50

## 7. Evaluation

The final grade will be the average grade of the 10 best weekly essays. Essays must be submitted through Assignments on OWL by 12:05 p.m. on the dates that they are due. Essays will be accepted for the 24-hour period after that with a 10% grade deduction. After the 24-hour period they will not be accepted.

## 8. Academic Consideration for Absences.

Because of the flexibility in assessment, students will not be given accommodation for failing to submit an essay.

## 9. Class Policy Concerning Intellectual Property

Course content created by an Instructor is the Instructor's intellectual property; it should not be distributed, shared in any public domain, or sold by a student or other third party without prior written consent of the Instructor.

## 10. Academic Integrity

Students are expected to abide by the policies for academic integrity set out by Western University. The following is the Western Scholastic Discipline policy: [https://uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](https://uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf).

The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial). The use of generative AI tools or language translators, is not permitted for any submitted course work. Students should not have AI tools or translators write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output. Unauthorized use of AI or translators constitutes an academic offence and will be subject to academic discipline. Please see additional information below.

## Department of Psychology Policies Related to AI Tools

### 1. Policy on the Use of Generative AI Tools

**The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial).**

**The use of generative AI tools (such as ChatGPT) is not permitted for any submitted coursework unless express permission has been granted by your instructor.**

Students **should not have AI tools write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output.** Unauthorized use of AI constitutes an academic offence and will be subject to academic discipline.

**Additional information:** Students can use AI tools to clarify questions they have about course content (e.g., you can ask ChatGPT about a course concept to help with your understanding), but students should be aware that the response may be inaccurate or inconsistent with the course content. Asking your instructor is a more effective strategy. Students should note that information provided by AI tools such as ChatGPT can include mistakes, inaccuracies, biases, and outdated information. Whenever these tools are used, students should cross-verify the information provided to them. This means verifying that the sources used by AI exist and have been accurately summarized, consulting multiple original and reputable up-to-date sources to verify information, and being cautious of bias that could be present in the information provided.

### 2. Policy on Use of Translation Tools\*

**The Department of Psychology views the unapproved use of translation or language applications as an academic offence.**

Any usage of translation applications or language generation by students to complete specific assigned work for this course **must be approved** by the instructor **prior** to submitting the work **and noted by the student in the submitted work** itself.

Writing text and then feeding it into a computer application to improve or translate your own words, changing a few words, and then submitting this text as if it was your own **constitutes plagiarism**. You must compose text, choose words, construct logic flow, structure sentences and paragraphs to organize, synthesize, interpret information with your own mind. When you borrow language or ideas from another person or from a machine this must be acknowledged with quotation marks and/or citations.

#### **Why do we have this policy?**

- Translation is intellectual work and produces intellectual property, thus any text which is translated must cite the translator.
- Psychology endeavors to advance students' linguistic, analytic, and reasoning competencies – this can not happen outside of specific language competencies.
- Earning a university degree signals that an individual has advanced literacy and communicative skill in the language of instruction at the university; this is English at King's University College at Western University. If translation machines are used by students without regulation, we will have no way of certifying whether these competencies exist and fewer mechanism for encouraging students to do the hard work to develop them.

\* Based on the policy developed by the Department of Child and Youth Studies

King's University College  
General Course Policies  
2025-2026

## 1. Academic Accommodations, Consideration for Absences

### Academic Accommodation (Accessibility)

Accessibility Services works to ensure that academic programs are accessible to all students, and supports students who may have a condition related to, but not limited to, vision, hearing, mobility, different ways of learning, mental health, chronic illnesses, chronic pain, autism spectrum disorder, ADD/ADHD, and temporary conditions (beyond short-term academic consideration). Accessibility Services provides recommendations for accommodation based on medical documentation or psychological and cognitive assessment. The accommodation policy can be found here [Academic Accommodation for Students with Disabilities](#). Information on Accessibility Services at King's can be found [here](#).

### Academic Consideration for Student Absence

If a student is unable to meet a course requirement due to substantial but temporary extenuating circumstances (medical or compassionate), they should follow the procedures below.

In some cases, where instructors have built flexibility into their assessments, this flexibility will already address consideration needs.

Requests for academic consideration should be directed to the Academic Advising Office of your faculty/college of registration. Requests must be made as soon as possible and no later than 48 hours after the missed assessment.

As a rule, documentation is required for academic consideration. For academic consideration requests on medical grounds, the Student Medical Certificate is available at [https://www.kings.uwo.ca/kings/assets/File/currentStudents/courses\\_enrollment/exams\\_and\\_tests/SMC-Feb-2025.pdf](https://www.kings.uwo.ca/kings/assets/File/currentStudents/courses_enrollment/exams_and_tests/SMC-Feb-2025.pdf).

Students are permitted one academic consideration request without supporting documentation per term per course.

Instructors may designate one assessment per half-course weight as requiring formal supporting documentation. Please refer to the course outline for each course.

For further information, please see: [https://uwo.ca/univsec/pdf/academic\\_policies/appeals/academic\\_consideration\\_Sep24.pdf](https://uwo.ca/univsec/pdf/academic_policies/appeals/academic_consideration_Sep24.pdf)

Please note, Friday Make-Up Exams may only be written with the instructor's consent.

### Absences from Final Examinations

If you miss the Final Exam, contact the Academic Advising Office of your faculty/college of registration as soon as you are able to do so. They will assess your eligibility to write the Special Examination (the name given by the University to a makeup Final Exam).

You may also be eligible to write the Special Exam if you are in a "Multiple Exam Situation" (e.g., more than 2 exams in 23-hour period, or more than 3 exams in a 47-hour period).

If a student fails to write a scheduled Special Examination, the date of the next Special Examination (if granted) normally will be the scheduled date for the final exam the next time this

course is offered. The maximum course load for that term will be reduced by the credit of the course(s) for which the final examination has been deferred. See the Academic Calendar for details (under [Special Examinations](#)).

### **Religious Accommodation**

Students should consult the University's list of recognized religious holidays, and should give notice in writing to the instructor and Academic Advising Office if a course requirement will be affected by a religious holiday/observance. Notice must be given as early as possible, and no later than two weeks prior to an examination, and one week prior to a midterm test date. It is the responsibility of such students to inform themselves concerning the work done in classes from which they are absent and to take appropriate action.

### **2. Support Services**

Accessibility, Counselling and Student Development at King's University College: <https://www.kings.uwo.ca/current-students/student-services/>

Students experiencing emotional or mental health distress can access services at King's University College: <http://www.kings.uwo.ca/current-students/campus-services/student-support-services/personal-counselling/>

Good2talk is a good online and phone 24/7 resource for students and is available in English, Mandarin, and French: <https://good2talk.ca>, 1-866-925-5454

MentalHealth@Western provides a complete list of options about how to obtain help: [https://www.uwo.ca/health/mental\\_wellbeing/](https://www.uwo.ca/health/mental_wellbeing/)

Academic Support Services at King's University College:

<https://www.kings.uwo.ca/current-students/academic-resources/>

### **GBSV Support:**

King's is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

You can reach someone supports at Kings by emailing [Care@kings.uwo.ca](mailto:Care@kings.uwo.ca) or calling 519-930-4640 to reach a social worker who can offer help.

You can also reach Western's Gender-Based Violence & Survivor Support Case Manager by [email](#) or by calling 519-661-3568.

Further supports can be found on this website: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

See also [https://www.uwo.ca/health/student\\_support/survivor\\_support/get-help.html](https://www.uwo.ca/health/student_support/survivor_support/get-help.html)

University Students' Council offers many valuable support services for students, including the health insurance plan: <http://westernusc.ca/services/>

### **3. Statement on Use of Electronic Devices**

**Use of Electronic Devices:** Unless explicitly stated otherwise, you are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations. Unauthorized possession of such a device during a test or examination constitutes an academic offence.

**Use of Laptops, Tablets, and Smartphones in the Classroom:** King's University College at Western University acknowledges the integration of new technologies and learning methods into the curriculum. The use of electronic devices such as laptop computers, tablets, or smartphones can contribute to student engagement and effective learning. At the same time, King's recognizes that instructors and students share jointly the responsibility to establish and maintain a respectful classroom environment conducive to learning.

The use of electronic devices by students during lectures, seminars, labs, etc., shall be for matters related to the course at hand only. Students found to be using electronic devices for purposes not directly related to the class may be subject to sanctions under the Student Code of Conduct; see <https://www.kings.uwo.ca/current-students/student-affairs/code-of-student-conduct1/>

Inappropriate use of electronics (e.g., laptops, tablets, smartphones) during lectures, seminars, labs, etc., creates a significant disruption. As a consequence, instructors may choose to limit the use of electronic devices in these settings. In addition, in order to provide a safe classroom environment, students attending in-person class sessions are strongly advised to operate laptops with batteries rather than power cords.

#### **4. Statement on Academic Offences**

King's is committed to academic integrity. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, is posted at [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf)

It is expected that students will submit work that is truly their own, completed without external assistance (human or artificial) except as explicitly permitted by the course instructor. Check with you instructor on what tools, including generative AI (ChatGPT, translation tools, grammar-checking tools) are permitted in the course. Because a tool is permitted in one course, that does not mean it is permitted in other courses.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system; see <https://elearningtoolkit.uwo.ca/tools/Originality Reports - TurnItIn.html>.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

#### **5. Copyright of Course Material**

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Unauthorized sharing of class content is subject to academic discipline.

Similarly, students own copyright in their own original papers and exam essays. If a faculty member wishes to post a student's answers or papers on the course website, they should ask for the student's written permission.

**6. Use of Recordings**

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation and/or the participant has the prior written permission of the instructor. Unauthorized recording and/or sharing of class content is subject to academic discipline.

**7. Policy on Attendance**

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course, will be reported to the Dean of the Faculty offering the course, after due warning has been given. On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course.