



PSYCHOLOGY 2301B (570)
Introduction to Clinical Psychology
Fall/Winter 2025-2026

Instructor: Dr. Gareth Abbey
Email: gabbey@uwo.ca

Course Information

Calendar Description:

This course offers a survey of major topics in clinical psychology, including assessment and intervention approaches; experimental psychopathology; ethical, professional and theoretical issues; and emerging trends.

Prerequisite(s): A mark of at least 60% in 1.0 credits of Psychology at the 1000 level.

Antirequisite(s): [Psychology 3301F/G](#).

Extra Information: 3 lecture hours.

Course Weight: 0.50

Breadth: Category A

Subject Code: PSYCHOL

Notice: Unless you have either the requisites for this course (fulfilment of pre-requisites, no anti-requisite conflicts), or special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

King's University College
PSYCHOLOGY 2301B (570)
Introduction to Clinical Psychology
Winter 2026

Course information:

Course Name, Number, Section: Introduction to Clinical Psychology, 2301B, 570
Instructor(s): Dr Gareth Abbey
Contact Information: gabbey@uwo.ca
Office hours: Book virtual office hours (Tuesdays 4-5pm) by e-mail

Course Description:

This course introduces the history of clinical psychology as a field, and explores the core principles of ethics, evidence-based practice, and professional issues. This course will also cover the scope of clinical psychologists' practice, the general populations they serve, specialisms within the field, and the role of research in advancing and enhancing patient care. You will learn about the theoretical and practical principles supporting assessment and intervention, and how they support the development and administration of evidence-based psychological therapies, and you will discover how psychologists evaluate their professional practice through critical reflection.

Course Learning Outcomes:

At the end of this course students can expect to:

1. Understand the profession of clinical psychology, how it developed as a profession, and the scope of what clinical psychologists do today.
2. Describe the similarities and differences between clinical psychology specialisms and the populations they serve.
3. Understand the importance of research in clinical psychology and how it guides safe, evidence-based, and effective clinical practice.
4. Critically evaluate their understanding of clinical psychology values and principles through reflection practice.

Mode of Instruction: *In-person*

Course Textbooks & Materials:

- Internet connection, web-browser to access assignments and lecture slides on OWL Brightspace, and computer with Microsoft Word / Adobe PDF software.
- Required Textbook: Lee, C.M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-Based Approach, 4th ed.* Students need to either access or purchase this edition – older versions are sufficient. This book is available in the library and the e-book version can be either rented (\$31) or purchased (\$72.95) on the publisher's website using the URL provided: [Introduction to Clinical Psychology, 4th Edition | Wiley](#)

Method of Evaluation:

- **Overview:** Students are expected to prepare for their lectures and assessments by reading the designated chapters from the textbook. Students are expected to submit their work according to the deadlines scheduled in the course outline unless due to extenuating circumstances outlined in the general course policies. Submitting work via e-mail after the deadline has passed will not be accepted.
- **Short Written Assignments (25%):** Many factors affect and inform the practice of clinical psychology. As students learning about clinical psychology, they will be expected to write short reflective logs on *what* they have learned, *why* it is important for their personal and professional development, and *how* this learning can be applied during the course. There will be **two** assignments for students, each worth 12.5%. The deadlines are on the schedule. Supplemental materials will be posted to the course website on OWL Brightspace.
- **Mid-Term Exam (35%):** Students will complete a test in class assessing their learning of teaching weeks 1-4. This test will last 120 mins. It is scheduled for **24th February 2026**.
- **Written Final Exam (40%)** This will be taken during the final exam period as shown on the course timetable, with exact time, date, and location announced at the beginning of the semester. This exam will last 120mins.

Academic Considerations:

- **Makeup Exams:** Friday Make-Up Exams may only be written with the instructor's consent.
- **Short Written Assignments (SWAs):** These are set in advance, with full briefs, templates, and examples on Brightspace at the beginning of the semester. Academic consideration is available based on medical or compassionate grounds. If you need to miss test date or assessment deadline, contact the Academic Advising Office with supporting documentation for their absence; for medical grounds, the Student Medical Certificate (SMC) is the appropriate documentation. The SWAs shall be submitted electronically via the Brightspace link, and not by e-mail. AI is not to be used on these assignments for any purposes.
- **Mid-Term Exam:** Students must contact their instructor directly via e-mail if they need to write their midterm exam on an alternate day. The midterm is scheduled during class time to minimize the potential for problems with scheduling.
- **Final:** Students must receive formal documentation of academic consideration if they are not able to write the final exam (scheduled by the registrar's office).

Academic Integrity:

- Plagiarism is copying and/or using the work of others for academic credit without proper reference and citation or reusing your own work that you have already submitted for academic credit. Plagiarism includes using a significant amount of someone else's phrasing, writing, and/or ideas without proper acknowledgement, even if the entire assignment is not an exact copy.

- Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: https://uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf
- It will be considered an academic offence to use Artificial Generative Intelligence (AGI) for all your academic assignments on this course and will be subject to academic discipline policies and procedures. This includes, but is not limited to ChatGPT, Copilot, or any AI that uses a large-language model (LLM). Translation software including but not limited to Grammarly are also prohibited.
- All submitted work is also examined for textual similarity review to the plagiarism detection software under license to the University. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin (<http://www.turnitin.com>).

Schedule of Classes, Readings, Assessments:

Date	Topic	Assessments	Chapter Readings (Lee & Hunsley, 2018)
6 th Jan	Clinical Psychology I History, Principles, & Evidence		1
13 th Jan	Clinical Psychology II Research Methods & Ethics		4
20 th Jan	Clinical Psychology III Classification & Diagnoses		3
27 th Jan	Clinical Psychology IV Contemporary Practice & Specialisms		2 & 15
3 rd Feb	Assessment I Overview, Interviewing & Observation	SWA #1 Due 6th Feb	5 & 6
10 th Feb	Assessment II Intellectual, Cognitive & Self Report Measures		7 & 8
16th Feb	READING WEEK		
24th Feb	Mid-Term Exam (Weeks 1-4)	MCQ 24th Feb	
3 rd March	Assessment III Integration & Clinical Decision-Making		9
10 th March	Intervention I Principles & Processes of Change		11 & 14
17 th March	Intervention II Working with Adults & Couples		12
24 th March	Intervention III Working with Children & Adolescents	SWA #2 Due 27th March	13
31 st March	Prevention		10
7 th April	Final Exam Preparation		
9 th April	<i>Winter Term Classes End</i>		
10 th -11 th April	<i>Winter Term Study Days</i>		
12 th -30 th April	Mid-Year Exam Period	Final Exam	Date/Time TBD

Department of Psychology Policies Related to AI Tools

1. Policy on the Use of Generative AI Tools

The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial).

The use of generative AI tools (such as ChatGPT) is not permitted for any submitted coursework unless express permission has been granted by your instructor.

Students **should not have AI tools write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output.** Unauthorized use of AI constitutes an academic offence and will be subject to academic discipline.

Additional information: Students can use AI tools to clarify questions they have about course content (e.g., you can ask ChatGPT about a course concept to help with your understanding), but students should be aware that the response may be inaccurate or inconsistent with the course content. Asking your instructor is a more effective strategy. Students should note that information provided by AI tools such as ChatGPT can include mistakes, inaccuracies, biases, and outdated information. Whenever these tools are used, students should cross-verify the information provided to them. This means verifying that the sources used by AI exist and have been accurately summarized, consulting multiple original and reputable up-to-date sources to verify information, and being cautious of bias that could be present in the information provided.

2. Policy on Use of Translation Tools*

The Department of Psychology views the unapproved use of translation or language applications as an academic offence.

Any usage of translation applications or language generation by students to complete specific assigned work for this course **must be approved** by the instructor **prior** to submitting the work **and noted by the student in the submitted work** itself.

Writing text and then feeding it into a computer application to improve or translate your own words, changing a few words, and then submitting this text as if it was your own **constitutes plagiarism.** You must compose text, choose words, construct logic flow, structure sentences and paragraphs to organize, synthesize, interpret information with your own mind. When you borrow language or ideas from another person or from a machine this must be acknowledged with quotation marks and/or citations.

Why do we have this policy?

- Translation is intellectual work and produces intellectual property, thus any text which is translated must cite the translator.
- Psychology endeavors to advance students' linguistic, analytic, and reasoning competencies – this can not happen outside of specific language competencies.
- Earning a university degree signals that an individual has advanced literacy and communicative skill in the language of instruction at the university; this is English at King's University College at Western University. If translation machines are used by students without regulation, we will have no way of certifying whether these competencies exist and fewer mechanism for encouraging students to do the hard work to develop them.

** Based on the policy developed by the Department of Child and Youth Studies*

KING'S UNIVERSITY COLLEGE
GENERAL COURSE POLICIES
2025-2026

1. Academic Accommodations, Consideration for Absences

Academic Accommodation (Accessibility)

Accessibility Services works to ensure that academic programs are accessible to all students, and supports students who may have a condition related to, but not limited to, vision, hearing, mobility, different ways of learning, mental health, chronic illnesses, chronic pain, autism spectrum disorder, ADD/ADHD, and temporary conditions (beyond short-term academic consideration). Accessibility Services provides recommendations for accommodation based on medical documentation or psychological and cognitive assessment. The accommodation policy can be found here [Academic Accommodation for Students with Disabilities](#). Information on Accessibility Services at King's can be found [here](#).

Academic Consideration for Student Absence

If a student is unable to meet a course requirement due to substantial but temporary extenuating circumstances (medical or compassionate), they should follow the procedures below.

In some cases, where instructors have built flexibility into their assessments, this flexibility will already address consideration needs.

Requests for academic consideration should be directed to the Academic Advising Office of your faculty/college of registration. Requests must be made as soon as possible and no later than 48 hours after the missed assessment.

As a rule, documentation is required for academic consideration. For academic consideration requests on medical grounds, the Student Medical Certificate is available at https://www.kings.uwo.ca/kings/assets/File/currentStudents/courses_enrollment/exams_and_tests/SMC-Feb-2025.pdf.

Students are permitted one academic consideration request without supporting documentation per term per course.

Instructors may designate one assessment per half-course weight as requiring formal supporting documentation. Please refer to the course outline for each course.

For further information, please see:

https://uwo.ca/univsec/pdf/academic_policies/appeals/academic_consideration_Sep24.pdf

Friday Make-Up Exams may only be written with the instructor's consent

Absences from Final Examinations

If you miss the Final Exam, contact the Academic Advising Office of your faculty/college of registration as soon as you are able to do so. They will assess your eligibility to write the Special Examination (the name given by the University to a makeup Final Exam).

You may also be eligible to write the Special Exam if you are in a “Multiple Exam Situation” (e.g., more than 2 exams in 23-hour period, or more than 3 exams in a 47-hour period).

If a student fails to write a scheduled Special Examination, the date of the next Special Examination (if granted) normally will be the scheduled date for the final exam the next time this course is offered. The maximum course load for that term will be reduced by the credit of the course(s) for which the final examination has been deferred. See the Academic Calendar for details (under [Special Examinations](#)).

Religious Accommodation

Students should consult the University's list of recognized religious holidays, and should give notice in writing to the instructor and Academic Advising Office if a course requirement will be affected by a religious holiday/observance. Notice must be given as early as possible, and no later than two weeks prior to an examination, and one week prior to a midterm test date. It is the responsibility of such students to inform themselves concerning the work done in classes from which they are absent and to take appropriate action.

2. Support Services

Accessibility, Counselling and Student Development at King's University College:

<https://www.kings.uwo.ca/current-students/student-services/>

Students experiencing emotional or mental health distress can access services at King's University College: <http://www.kings.uwo.ca/current-students/campus-services/student-support-services/personal-counselling/>

Good2talk is a good online and phone 24/7 resource for students and is available in English, Mandarin, and French: <https://good2talk.ca>, 1-866-925-5454

MentalHealth@Western provides a complete list of options about how to obtain help:

https://www.uwo.ca/health/mental_wellbeing/

Academic Support Services at King's University College:

<https://www.kings.uwo.ca/current-students/academic-resources/>

GBSV Support:

King's is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have

experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

You can reach someone supports at Kings by emailing Care@kings.uwo.ca or calling 519-930-4640 to reach a social worker who can offer help.

You can also reach Western's Gender-Based Violence & Survivor Support Case Manager by [email](#) or by calling 519-661-3568.

Further supports can be found on this website: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

See also https://www.uwo.ca/health/student_support/survivor_support/get-help.html

University Students' Council offers many valuable support services for students, including the health insurance plan: <http://westernusc.ca/services/>

3. Statement on Use of Electronic Devices

Use of Electronic Devices: Unless explicitly stated otherwise, you are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations. Unauthorized possession of such a device during a test or examination constitutes an academic offence.

Use of Laptops, Tablets, and Smartphones in the Classroom: King's University College at Western University acknowledges the integration of new technologies and learning methods into the curriculum. The use of electronic devices such as laptop computers, tablets, or smartphones can contribute to student engagement and effective learning. At the same time, King's recognizes that instructors and students share jointly the responsibility to establish and maintain a respectful classroom environment conducive to learning.

The use of electronic devices by students during lectures, seminars, labs, etc., shall be for matters related to the course at hand only. Students found to be using electronic devices for purposes not directly related to the class may be subject to sanctions under the Student Code of Conduct; see <https://www.kings.uwo.ca/current-students/student-affairs/code-of-student-conduct1/>

Inappropriate use of electronics (e.g., laptops, tablets, smartphones) during lectures, seminars, labs, etc., creates a significant disruption. As a consequence, instructors may choose to limit the use of electronic devices in these settings. In addition, in order to provide a safe classroom environment, students attending in-person class sessions are strongly advised to operate laptops with batteries rather than power cords.

4. Statement on Academic Offences

King's is committed to academic integrity. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, is posted at

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

It is expected that students will submit work that is truly their own, completed without external assistance (human or artificial) except as explicitly permitted by the course instructor. Check with your instructor on what tools, including generative AI (ChatGPT, translation tools, grammar-checking tools) are permitted in the course. Because a tool is permitted in one course, that does not mean it is permitted in other courses.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system; see https://elearningtoolkit.uwo.ca/tools/Originality_Reports - TurnItIn.html.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. Copyright of Course Material

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Unauthorized sharing of class content is subject to academic discipline.

Similarly, students own copyright in their own original papers and exam essays. If a faculty member wishes to post a student's answers or papers on the course website, they should ask for the student's written permission.

6. Use of Recordings

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation and/or the participant has the prior written permission of the instructor. Unauthorized recording and/or sharing of class content is subject to academic discipline.

7. Policy on Attendance

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course, will be reported to the Dean of the Faculty offering the course, after due warning has been given. On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course.