



PSYCHOLOGY 1000 (670)
Introduction to Psychology
Fall/Winter 2025-2026

Instructor: Dr. Shelley Cross-Mellor
Email: scrossme@uwo.ca

Course Information

Calendar Description:

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

Prerequisite(s):

Antirequisite(s): [Psychology 1000W/X](#), [Psychology 1002A/B](#), [Psychology 1003A/B](#), [Psychology 1010A/B](#), [Psychology 1015A/B](#), [Psychology 1100E](#).

Extra Information: 3 lecture hours. Note for Huron and King's: [Psychology 1000](#), and [Psychology 1000W/X](#) will not serve as a substitute for [Psychology 1100E](#) for entry into any psychology module at Huron, nor will it provide access to any senior psychology course at Huron that requires [Psychology 1100E](#).

Course Weight: 1.00

Breadth: Category A

Subject Code: PSYCHOL

Notice: Unless you have either the requisites for this course (fulfilment of pre-requisites, no anti-requisite conflicts), or special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.



King's University College

LONDON CANADA

Psych 1000, Section 670

Introduction to Psychology

Dr. Shelley Cross-Mellor

FALL/WINTER 2025-2026

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Tests and examinations in this course will be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service.

COURSE INFORMATION

Instructor: Dr. Shelley Cross-Mellor

Email: scrossme@uwo.ca

Office Hours: via zoom (see link on OWL Brightspace)

Course Delivery: The class is designed to be delivered asynchronously. Video lectures will be posted weekly for you to watch on your own time. All exams, however, will take place on-line during a 3-hour window (see class schedule) and will utilize remote proctoring. I will be available to meet via zoom during scheduled office hours or by appointment.

TEXTBOOK (Required)

Passer, M.W., Smith, R.E., Atkinson, M.L., & Mitchell, J.B. (2023). *Psychology: frontiers and applications, Seventh Canadian Edition*. Whitby, Ontario: McGraw-Hill Ryerson.

UWO Bookstore Link: https://bookstore.uwo.ca/textbook-search?campus=KC&term=W2025&courses%5B0%5D=670_KC/PSY1000

This course makes use of the CONNECT platform, an interactive site associated with our textbook. You will be completing the chapter quizzes on the CONNECT platform, **therefore purchasing an access code is mandatory** (\$99 for e-text + Connect; **OR** \$163.15 for e-text + Connect + print version).

TECHNICAL REQUIREMENTS

Given the course delivery is online, students are expected to have a stable internet connection, a computer with working microphone and webcam. Online tests will be remote proctored using the university provided Proctortrack. Please note the use of phones or tablets for online exams is NOT permitted, nor is 'hot-spotting' your internet connection – you must have a stable internet connection. You will be required to download the Proctortrack software before each and every online exam.

COURSE OBJECTIVES/LEARNING OUTCOMES

By the end of this course, students should be able to:

- Compare and contrast different theoretical approaches to the study of psychology
- Understand psychology as a science, including research design and methodology used to approach the study of psychology
- Recognize the different structures of the central and peripheral nervous system and their functions
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning
- Discover how we develop as individual human beings, with unique capacities and differences in a social context
- Recognize various psychological disorders, their causes and various treatment approaches

CLASS SCHEDULE**Fall Term**

First day of classes: September 4, 2024

WEEK	END DATE	SUGGESTED READINGS & VIDEO LECTURES
Week 1	Sept. 5, 2025	Introduction to Course, OWL Brightspace, & Connect
Week 2	Sept 12, 2025	Chapter 1
Week 3	Sept 19, 2025	Chapter 2
Week 4	Sept. 26, 2025	Chapter 3 – Part 1

Week 5	Oct. 3, 2025	Chapter 3 – Part 2
Week 6	Oct. 10, 2025	Chapter 4
Week 7	Oct. 17, 2025	Catch Up & Exam Prep
Week 8	Oct. 24, 2025	Chapter 5
Week 9	Oct. 31, 2025	Chapter 6
<i>Fall Reading Week – no classes</i>		
Week 10	Nov. 14, 2025	Chapter 7 – Part 1
Week 11	Nov. 21, 2025	Chapter 7 – Part 2
Week 12	Nov. 28, 2025	Chapter 8
Week 13	Dec. 5, 2025	Catch Up & Exam Prep

Last day of term: December 9, 2025 (Test #2 Scheduled by Registrar Dec. 11-22)

First day of Second term: January 5, 2025

WEEK	END DATE	SUGGESTED READINGS & VIDEO LECTURES
Week 1	Jan. 9, 2026	Chapter 9
Week 2	Jan. 16, 2026	Chapter 10
Week 3	Jan. 23, 2026	Chapter 11
Week 4	Jan. 30, 2026	Chapter 12
Week 5	Feb. 6, 2026	Catch Up & Exam Prep
Week 6	Feb. 13, 2026	Chapter 13 – Part 1
<i>Spring Reading Week – no classes</i>		
Week 7	Feb. 27, 2026	Chapter 13 – Part 2
Week 8	Mar. 6, 2026	Chapter 14
Week 9	Mar. 13, 2026	Chapter 15
Week 10	Mar. 20, 2026	Chapter 16
Week 11	Mar. 27, 2026	Chapter 17
Week 12	April 3, 2026	Catch Up & Exam Prep

Last day of term: April 9, 2026 (Test #4 Scheduled by Registrar April 7-30)

EVALUATION & EXAM SCHEDULE

Evaluation Summary:

Tests #1-4 (20% each)	80%
Chapter Quizzes	5%
Create a Test Assignment:	7.5%
Infographic Assignment:	7.5%
	100%

Test Schedule (Tests – available on Brightspace, Remote Proctoring via ProctorTrack)

Test 1 – Chapters 1-4 will be open from 3-5pm Friday October 17, 2025 *

Test 2 – Chapters 5-8 will be scheduled by the Registrar's office (Dec. 11-22) *

Test 3 – Chapters 9-12 will be open from 3-5pm Friday February 7, 2025 *

Test 4 – Chapters 13-17 will be scheduled by the Registrar's office (Apr. 12-30) *

*** missed tests require supporting documentation for academic consideration, self-attestation cannot be used for these assessments**

Online Tests – Each test will be open for 2 hrs as noted above and will be available to you on OWL Brightspace (using ProctorTrack). You will have only one attempt at each test. Each test will be a mixture of multiple choice and short answer style questions – you will have 90 minutes for each test. **Once you start the test, your time begins and cannot be stopped. I cannot reopen the exam so make sure you have a strong internet connection and are in an environment that you can take your test from start to finish. Technical issues will not be accepted. Tests are closed book, absolutely no outside resources are allowed including AI platforms and translating and grammar checking software.** You should make sure you have adequately reviewed the material for those sections before attempting the online tests. Completing the practice questions available to you on Connect (through SmartBook) as well as the chapter quizzes are good ways to prepare for these tests in addition to your other studying and note-taking strategies. These tests will involve mainly application questions (not definitional ones); if you haven't studied in advance, it is unlikely you will be able to do well on the exam.

Tests and examinations in this course will be conducted using ProctorTrack remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

Online Chapter Quizzes – After reading through the chapter and watching the video lectures, you will complete the associated chapter quiz on the Connect platform. These quizzes are open-book and untimed (they should likely only take you 10-15 minutes to complete). **Ideally you should be completing these chapter quizzes on a weekly basis when the chapter is assigned;** however, they will remain open until the dates listed below. Your best 15 of 17 chapter quizzes count towards your grade; the lowest 2 quiz grades, including missed quizzes, will be dropped from consideration when calculating your final overall grade for quizzes. As such, requests for academic consideration for these assignments/quizzes will be denied.

The online quizzes are designed to reinforce one or more of the major concepts of that chapter and thus will help you prepare for the tests. The quizzes will consist of either watching a short video clip and answering the associated questions, or answering specific questions based on an interactive exercise.

Unit 1 Chapter Quizzes 1-4 will close 11:59pm Thursday October 16, 2025

Unit 2 Chapter Quizzes 5-8 will close 11:59pm Tuesday December 9, 2025

Unit 3 Chapter Quizzes 9-12 will close 11:59pm Thursday February 12, 2026

Unit 4 Chapter Quizzes 13-17 will close 11:59pm Thursday April 9, 2026

Create-A-Test Assignment (due 12 pm – noon - Monday December 1, 2025)– details regarding this assignment will be posted on OWL. This assignment will involve synthesis of course material presented in the first term (Chapters 1-8). You will submit your assignment as PDF document to OWL Brightspace. Your Create-A-Test assignment has a no-questions-asked 48 hr grace period. This means that you can submit this assignment up to 12pm (noon) on Wednesday December 3rd without penalty. As such, requests for academic for this assignment will be denied.

Infographic Assignment (due 12pm – noon - Monday March 30, 2026)- details regarding this assignment will be posted on OWL. This assignment will involve synthesis of course material presented from second term (Chapters 9-17). You will submit your assignment as PDF document to OWL Brightspace. Your Infographic Assignment has a no-questions-asked 48 hr grace period. This means that you can submit this assignment up to 12 pm (noon) on Wednesday April 1st without penalty. As such, requests for academic for this assignment will be denied.

Use of Chat GPT or other AI services, including translation and grammar-checking tools, is strictly prohibited. All assignments subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark and there are no extra credit assignments available to raise exam grades.

Please Note the Following Grading Guidelines:

A+	90–100	One could scarcely expect better from a student at this level
A	80–89	Superior work which is clearly above average
B	70–79	Good work, meeting all requirements, and eminently satisfactory
C	60–69	Competent work, meeting requirements
D	50–59	Fair work, minimally acceptable
F	below 50	Fail

Makeup Tests:

Students will be allowed to write makeup tests **only** under special circumstance that have been substantiated with proper documentation. **Please note that documentation must be submitted to (and approved by) the Academic Dean's office. Please contact me within 24 hrs of missing a test so that arrangements can be made – make-up exams typically are scheduled approximately a week after the original date.** Additional information regarding appropriate documentation and procedures can be found below. A student who misses a test for any other reason (or who is unable to substantiate a claim) will be assigned a grade of zero for the test. In fairness to all students, **no exceptions** to this policy will be allowed. Please note the format of make-up tests may be of a different format than the original test (often times essay style).

Department of Psychology Policies Related to AI Tools

1. Policy on the Use of Generative AI Tools

The Department of Psychology expects that students will submit work that is truly their own, completed without external assistance (human or artificial).

The use of generative AI tools (such as ChatGPT) is not permitted for any submitted coursework unless express permission has been granted by your instructor.

Students **should not have AI tools write any part of their assignments or papers, either by copying and pasting or by paraphrasing the output.** Unauthorized use of AI constitutes an academic offence and will be subject to academic discipline.

Additional information: Students can use AI tools to clarify questions they have about course content (e.g., you can ask ChatGPT about a course concept to help with your understanding), but students should be aware that the response may be inaccurate or inconsistent with the course content. Asking your instructor is a more effective strategy. Students should note that information provided by AI tools such as ChatGPT can include mistakes, inaccuracies, biases, and outdated information. Whenever these tools are used, students should cross-verify the information provided to them. This means verifying that the sources used by AI exist and have been accurately summarized, consulting multiple original and reputable up-to-date sources to verify information, and being cautious of bias that could be present in the information provided.

2. Policy on Use of Translation Tools*

The Department of Psychology views the unapproved use of translation or language applications as an academic offence.

Any usage of translation applications or language generation by students to complete specific assigned work for this course **must be approved** by the instructor **prior** to submitting the work **and noted by the student in the submitted work** itself.

Writing text and then feeding it into a computer application to improve or translate your own words, changing a few words, and then submitting this text as if it was your own **constitutes plagiarism.** You must compose text, choose words, construct logic flow, structure sentences and paragraphs to organize, synthesize, interpret information with your own mind. When you borrow language or ideas from another person or from a machine this must be acknowledged with quotation marks and/or citations.

Why do we have this policy?

- Translation is intellectual work and produces intellectual property, thus any text which is translated must cite the translator.
- Psychology endeavors to advance students' linguistic, analytic, and reasoning competencies – this can not happen outside of specific language competencies.
- Earning a university degree signals that an individual has advanced literacy and communicative skill in the language of instruction at the university; this is English at King's University College at Western University. If translation machines are used by students without regulation, we will have no way of certifying whether these competencies exist and fewer mechanism for encouraging students to do the hard work to develop them.

** Based on the policy developed by the Department of Child and Youth Studies*

KING'S UNIVERSITY COLLEGE

GENERAL COURSE POLICIES

2025-2026

1. Academic Accommodations, Consideration for Absences

Academic Accommodation (Accessibility)

Accessibility Services works to ensure that academic programs are accessible to all students, and supports students who may have a condition related to, but not limited to, vision, hearing, mobility, different ways of learning, mental health, chronic illnesses, chronic pain, autism spectrum disorder, ADD/ADHD, and temporary conditions (beyond short-term academic consideration). Accessibility Services provides recommendations for accommodation based on medical documentation or psychological and cognitive assessment. The accommodation policy can be found here [Academic Accommodation for Students with Disabilities](#). Information on Accessibility Services at King's can be found [here](#).

Academic Consideration for Student Absence

If a student is unable to meet a course requirement due to substantial but temporary extenuating circumstances (medical or compassionate), they should follow the procedures below.

In some cases, where instructors have built flexibility into their assessments, this flexibility will already address consideration needs.

Requests for academic consideration should be directed to the Academic Advising Office of your faculty/college of registration. Requests must be made as soon as possible and no later than 48 hours after the missed assessment.

As a rule, documentation is required for academic consideration. For academic consideration requests on medical grounds, the Student Medical Certificate is available at https://www.kings.uwo.ca/kings/assets/File/currentStudents/courses_enrollment/exams_and_tests/S_MC-Feb-2025.pdf.

Students are permitted one academic consideration request without supporting documentation per term per course.

Instructors may designate one assessment per half-course weight as requiring formal supporting documentation. Please refer to the course outline for each course.

For further information, please see:

https://uwo.ca/univsec/pdf/academic_policies/appeals/academic_consideration_Sep24.pdf

Absences from Final Examinations

If you miss the Final Exam, contact the Academic Advising Office of your faculty/college of registration as soon as you are able to do so. They will assess your eligibility to write the Special Examination (the name given by the University to a makeup Final Exam).

You may also be eligible to write the Special Exam if you are in a “Multiple Exam Situation” (e.g., more than 2 exams in 23-hour period, or more than 3 exams in a 47-hour period).

If a student fails to write a scheduled Special Examination, the date of the next Special Examination (if granted) normally will be the scheduled date for the final exam the next time this course is offered. The maximum course load for that term will be reduced by the credit of the course(s) for which the final examination has been deferred. See the Academic Calendar for details (under [Special Examinations](#)).

Religious Accommodation

Students should consult the University's list of recognized religious holidays, and should give notice in writing to the instructor and Academic Advising Office if a course requirement will be affected by a religious holiday/observance. Notice must be given as early as possible, and no later than two weeks prior to an examination, and one week prior to a midterm test date. It is the responsibility of such students to inform themselves concerning the work done in classes from which they are absent and to take appropriate action.

2. Support Services

Accessibility, Counselling and Student Development at King’s University College:

<https://www.kings.uwo.ca/current-students/student-services/>

Students experiencing emotional or mental health distress can access services at King’s University College: <http://www.kings.uwo.ca/current-students/campus-services/student-support-services/personal-counselling/>

Good2talk is a good online and phone 24/7 resource for students and is available in English, Mandarin, and French: <https://good2talk.ca>, 1-866-925-5454

MentalHealth@Western provides a complete list of options about how to obtain help:

https://www.uwo.ca/health/mental_wellbeing/

Academic Support Services at King’s University College:

<https://www.kings.uwo.ca/current-students/academic-resources/>

GBSV Support:

King’s is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information

about support services for survivors, including emergency contacts at: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

You can reach someone supports at Kings by emailing Care@kings.uwo.ca or calling 519-930-4640 to reach a social worker who can offer help.

You can also reach Western's Gender-Based Violence & Survivor Support Case Manager by [email](#) or by calling 519-661-3568.

Further supports can be found on this website: <https://www.kings.uwo.ca/about-kings/safe-campus/gender-and-sexual-violence/>

See also https://www.uwo.ca/health/student_support/survivor_support/get-help.html

University Students' Council offers many valuable support services for students, including the health insurance plan: <http://westernusc.ca/services/>

3. Statement on Use of Electronic Devices

Use of Electronic Devices: Unless explicitly stated otherwise, you are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations. Unauthorized possession of such a device during a test or examination constitutes an academic offence.

Use of Laptops, Tablets, and Smartphones in the Classroom: King's University College at Western University acknowledges the integration of new technologies and learning methods into the curriculum. The use of electronic devices such as laptop computers, tablets, or smartphones can contribute to student engagement and effective learning. At the same time, King's recognizes that instructors and students share jointly the responsibility to establish and maintain a respectful classroom environment conducive to learning.

The use of electronic devices by students during lectures, seminars, labs, etc., shall be for matters related to the course at hand only. Students found to be using electronic devices for purposes not directly related to the class may be subject to sanctions under the Student Code of Conduct; see <https://www.kings.uwo.ca/current-students/student-affairs/code-of-student-conduct1/>

Inappropriate use of electronics (e.g., laptops, tablets, smartphones) during lectures, seminars, labs, etc., creates a significant disruption. As a consequence, instructors may choose to limit the use of electronic devices in these settings. In addition, in order to provide a safe classroom environment, students attending in-person class sessions are strongly advised to operate laptops with batteries rather than power cords.

4. Statement on Academic Offences

King's is committed to academic integrity. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic

Offence, is posted at

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

It is expected that students will submit work that is truly their own, completed without external assistance (human or artificial) except as explicitly permitted by the course instructor. Check with you instructor on what tools, including generative AI (ChatGPT, translation tools, grammar-checking tools) are permitted in the course. Because a tool is permitted in one course, that does not mean it is permitted in other courses.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system; see [https://elearningtoolkit.uwo.ca/tools/Originality Reports - TurnItIn.html](https://elearningtoolkit.uwo.ca/tools/Originality_Reports - TurnItIn.html).

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. Copyright of Course Material

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Unauthorized sharing of class content is subject to academic discipline.

Similarly, students own copyright in their own original papers and exam essays. If a faculty member wishes to post a student's answers or papers on the course website, they should ask for the student's written permission.

6. Use of Recordings

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation and/or the participant has the prior written permission of the instructor. Unauthorized recording and/or sharing of class content is subject to academic discipline.

7. Policy on Attendance

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course, will be reported to the Dean of the Faculty offering the course, after due warning has been given. On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course.