

EPIPHANY

January 13 to March 4, 2025

NOTES

Sunday Children's Program Resumes at 10:00am
Mass each week.

Sacramental Preparation Begins!

Family Faith Formation Series Continues:
Sunday, January 19th following Mass from 11:00-
1:00pm

Taize Prayer: Monday, January 13th at 7pm

Teen Gatherings Resume: Wednesday, January
22nd, 7:00-9:00pm



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	13 ST. MARGUERITE BOURGEOYS ST. HILARY	14	15	16	17 ST. ANTHONY	18 OUR LADY'S SATURDAY
	JANUARY					
19	20 ST. FABIAN ST. SEBASTIAN	21 ST. AGNES	22 ST. VINCENT	23	24 ST. FRANCIS DE SALES	25 THE CONVERSION OF ST. PAUL, THE APOSTLE
26 ST. TIMOTHY AND ST. TITUS	27 ST. ANGELA MERICI	28 ST. THOMAS AQUINAS	29	30	31 ST. JOHN BOSCO	1
	FEBRUARY					
2 THE PRESENTATION OF THE LORD	3 ST. BLAISE ST. ANSGAR	4	5 ST. AGATHA	6 ST. PAUL MIKI AND COMPANIONS	7	8 ST. JEROME EMILIANI ST. JOSEPHINE BAKHITA

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This year we have a fairly short period of Ordinary Time between the celebrations of the Christmas season and the preparations of Lent. It's a good time of year to focus on a couple of things as a family:

1) Rest! While Christmas holds many exciting opportunities to praise the Lord through celebration, it can also be a lot for families to fit in. Now can be a time to take on more purposeful rest as a family. Maybe this looks like intentional meals together at home or taking some screen-free quality time together on a Sunday after mass. Maybe it looks like saying “no” to some new commitments in order to be more fully present in your current ministries.



2) Check in with yourself and your family about your spiritual lives. Take the time to notice areas of strength (where you feel really close to the Lord) and areas of growth (where you feel you could be closer). These quiet times of reflection will help inform your choices later when you're deciding what to focus on for Lent. A great tool to use for this process is a daily examen! Use this link for guiding questions and steps to focus on.

<https://www.teachingcatholickids.com/a-daily-examen-for-children-and-teens/>